



MARTIAL ARTS & BOXING ACADEMY

TIMETABLE effective from 24 August 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MORNING/DAY PRIVATE TRAINING SESSIONS By appointment	MORNING/DAY PRIVATE TRAINING SESSIONS By appointment	MORNING/DAY PRIVATE TRAINING SESSIONS By appointment	MORNING/DAY PRIVATE TRAINING SESSIONS By appointment	PRIVATE TRAINING SESSIONS DAY	PRIVATE TRAINING SESSIONS DAY
		9:30am - 10:00am Little Rangers Pre-School Class			
4:00pm - 4:30pm Little Rangers Pre-School Class	4:00pm - 4:30pm Little Rangers Pre-School Class	4:00pm - 4:30pm Little Rangers Pre-School Class		For all Private Session Enquiries and bookings email Kosta training@adaptacademy.com.au	
4:30pm - 5:10pm Hapkido Junior White - Orange	4:30pm - 5:10pm Hapkido Junior White - Orange	4:30pm - 5:10pm Hapkido Junior White - Orange	4:30pm - 5:10pm Hapkido Junior White - Orange		
5:10pm - 5:50pm Hapkido Junior Green - Purple	5:10pm - 5:50pm Hapkido Junior Green - Purple	5:10pm - 5:50pm Hapkido Junior Green - Purple	5:10pm - 5:50pm Hapkido Junior Green - Purple		
5:50pm - 6:30pm Hapkido Junior Brown - Black	5:50pm - 6:30pm Hapkido Junior Brown - Black	5:50pm - 6:30pm Hapkido Junior Brown - Black	5:50pm - 6:30pm Hapkido Junior Brown - Black		
6:30pm - 7:15pm Martial Arts Teen - Adults	6:30pm - 7:15pm Boxing/Fitness Teen - Adults	6:30pm - 7:15pm Martial Arts Teen - Adults	6:30pm - 7:15pm Boxing/Fitness Teen - Adults		
7:15pm - 8:00pm Boxing/Fitness Teen - Adults	7:15pm - 8:00pm Martial Arts Teen - Adults	7:15pm - 8:00pm Boxing/Fitness Teen - Adults	7:15pm - 8:00pm Martial Arts Teen - Adults		